

Cougar Athletic Awards

Male Athlete of the Year

Name	Year		
St Francis Boys School		<i>Ian Miller</i>	1990
		<i>Tom Rodzinyak</i>	1991
<i>Bob Rohaly</i>	1959	<i>Clay Rook, Dale Comchi</i>	1992
	1960	<i>Rob Izsak, Greg Kelenc</i>	1993
<i>Jack Gleason</i>	1961	<i>Brad Higginson</i>	1994
	1962	<i>Regan Lane</i>	1995
<i>Dennis Walshe</i>	1963	<i>Joe Kelenc</i>	1996
	1964	<i>Chris Noss</i>	1997
<i>Alan Ellert</i>	1965	<i>Rob Slavich</i>	1998
<i>Jim Campbell</i>	1966	<i>Tyler Rice</i>	1999
Catholic Central High School		<i>Beau Filkowski</i>	2000
<i>Cal O'Brien</i>	1967	<i>Devin Mulder</i>	2001
<i>John Molyneux</i>	1968	<i>Brian Nelis</i>	2002
<i>Aurelio Delbello</i>	1969	<i>Mike Stewart</i>	2003
<i>Bill Harbuz, Alec Dudas</i>	1970	<i>David Collier</i>	2004
<i>John Dudas</i>	1971	<i>Jerrod Mulder</i>	2005
<i>Peter Sikora</i>	1972	<i>Tom Collier</i>	2006
<i>Randy Royer</i>	1973	<i>Garrett Gruber</i>	2007
<i>Guy Pomahac</i>	1974	<i>Devon Van Nistelrooy</i>	2008
<i>Steve Devcic</i>	1975	<i>Dario Pasquotti</i>	2009
<i>Morgan Munroe</i>	1976	<i>Peter Credico</i>	2010
<i>Tim Gross, Paul LeClaire</i>	1977	<i>Taylor Jetten, Brennan VanNistelrooy</i>	2011
<i>Dave Berlando</i>	1978	<i>Troy Eriksen</i>	2012
<i>Pete LeClaire</i>	1979	<i>Nico Pasquotti</i>	2013
<i>Brad Koskowich</i>	1980	<i>Braydon Jetten</i>	2014
<i>Brian LeClaire</i>	1981	<i>Jared Dyck</i>	2015
<i>Shawn Gilborn</i>	1982	<i>Leif LeClaire</i>	2016
<i>Frankie Fraulin</i>	1983	<i>Cole Stroud</i>	2017
<i>Gary Saler</i>	1984	<i>Nolan Jetten</i>	2018
<i>Mike Myndio</i>	1985	<i>Will Hughes</i>	2019
<i>Des Sullivan</i>	1986	<i>Blake Dudas</i>	2021
<i>Mike Lynagh</i>	1987	<i>Grady Hay</i>	2022
<i>Dan Martyna</i>	1988		
<i>Shaun Killins</i>	1989		

Cougar Athletic Awards

Female Athlete of the Year

Name	Year
<i>Theresa Kinahan</i>	1980
<i>Romina Feher, Dawn Fry</i>	1981
<i>Dori Rodzinyak, Dawn Fry</i>	1982
<i>Sandra Yanosik, Vanessa Pittman</i>	1983
<i>Margie Gal</i>	1984
<i>Barb Kortt</i>	1985
<i>Laura Bethlehem</i>	1986
<i>Martina Szilagyi</i>	1987
<i>Vanessa Upton</i>	1988
<i>Sandra Royer</i>	1989
<i>Evelyn Scholten</i>	1990
<i>Tanya Huggins, Janice Gyorkos</i>	1991
<i>Robin Murphy</i>	1992
<i>Crystal Kain</i>	1993
<i>Melanie Marek</i>	1994
<i>Sarah Joly, Trish Whimster</i>	1995
<i>Nicole McKenzie, Michelle Gibb</i>	1996
<i>Anita Nelis</i>	1997
<i>Brianne Robertson</i>	1998
<i>Michelle Kincheloe</i>	1999
<i>Jessica Fox</i>	2000
<i>Amanda Weitz, Jackie Stroeve</i>	2001
<i>Chantel Mulder</i>	2002
<i>Kelsey Jespersen</i>	2003
<i>Melissa Weitz</i>	2004
<i>Teneille Mulder</i>	2005
<i>Amanda Walker</i>	2006
<i>Janelle Groten, Jaclyn Groten</i>	2007
<i>Terra Kaskiw</i>	2008
<i>Brittany Novak</i>	2009
<i>Courtenay Farrington</i>	2010
<i>Katie Lowen</i>	2011
<i>Nikki Furukawa</i>	2012
<i>Mariah Miller, Alycia Amatto</i>	2013
<i>Gina Kowalchuk</i>	2014
<i>Lindsay Amatto, Cassie Kawa</i>	2015
<i>Mylanda Miller</i>	2016
<i>Ellei Kabayama</i>	2017
<i>Ashley Sazalski</i>	2018
<i>Ashley Sazalski</i>	2019
<i>Kiara Jankowiak</i>	2021
<i>Zoe Lenci</i>	2022

BASKETBALL

Female JV Top Scorer

Name	Year
<i>Melanie Marek</i>	1993
<i>Kim Simons</i>	1994
	1995
<i>Brianne Noss</i>	1996
<i>Jennifer Neufeld</i>	1997
<i>Melissa Prokop</i>	1998
<i>Christie Forster</i>	1999
<i>Chantal Mulder</i>	2000
<i>Keely Kavanagh</i>	2001
<i>Melissa Weitz</i>	2002
<i>Janelle Feller</i>	2003
<i>Sondra Christensen</i>	2004
<i>Finola Black Plume</i>	2005
<i>Tressa Yellow Horn</i>	2006
<i>Quintina Frandsen</i>	2007
<i>Chloe Crosschild</i>	2008
<i>Mickenzie Kinahan</i>	2009
<i>Katie Perlich</i>	2010
<i>Alycia Amatto</i>	2011
<i>Kory Cheshire</i>	2012
<i>Mariah Miller</i>	2013
<i>Madeline Szabo</i>	2014
<i>Madeline Szabo</i>	2015
<i>Gracie Boser</i>	2016
<i>Ashley Sazalski</i>	2017
<i>Kyra Collier</i>	2018
<i>Aimee Baron</i>	2019
<i>Avorie Henderson</i>	2020
<i>Danika Hodge</i>	2022
<i>Lyla Benson</i>	2023



Cougar Athletic Awards - Basketball

Female - Rookie of the Year		Female - 110% Player Award	
Name	Year	Name	Year
<i>Crystal McPherson</i>	1992	<i>Sherry Kropinak</i>	1981
<i>Tricia Whimster</i>	1993	<i>Sandra Yanosik</i>	1982
<i>Kim Simons</i>	1994	<i>Lorraine Beaudin</i>	1983
<i>Rebecca Phillips</i>	1995	<i>Jackie Riske</i>	1984
<i>Brianne Noss</i>	1996	<i>Suzanne Rodzinyak, Diana Smits</i>	1987
<i>Michelle Kincheloe</i>	1997	<i>Diane Willis</i>	1988
<i>Jessica Fox</i>	1998	<i>Michele Izsak</i>	1989
<i>Meagan Motuz</i>	1999	<i>Evelyn Scholten</i>	1990
<i>Maggie Fox</i>	2000	<i>Janice Gyorkos</i>	1991
<i>Kelsey Jespersen</i>	2001	<i>Helen Kolias</i>	1992
<i>Keely Kavanagh</i>	2002	<i>Lynae Walters, Janine Vaselenak</i>	1993
<i>Jessica Wright</i>	2003	<i>Jennefer Pawlak</i>	1994
<i>Sondra Christensen</i>	2004	<i>Lindsay Wagner</i>	1995
<i>Finola Black Plume</i>	2005	<i>Nicole McKenzie</i>	1996
<i>Terra Kaskiw, Tressa Yellow Horn</i>	2006	<i>Rebecca Phillips</i>	1997
<i>Vanessa Monaghan</i>	2007	<i>Jill Erlandson</i>	1998
<i>Courtney Primrose</i>	2008	<i>Kelly Fress</i>	1999
<i>Taya Keujer</i>	2009	<i>Meagan Motuz</i>	2000
<i>Nikki Furukawa</i>	2010	<i>Meagan Motuz</i>	2001
<i>Mariah Miller</i>	2011	<i>Lisa Lajeunesse</i>	2002
<i>Caitlin Langhofer</i>	2012	<i>Jaclyn Dudas</i>	2003
<i>Lindsay Amatto</i>	2013	<i>Jaclyn Dudas</i>	2004
<i>Mylanda Miller</i>	2014	<i>Megan Gajdostik</i>	2005
<i>Ellie Kabayama</i>	2015	<i>Jaclyn Groten, Janelle Groten</i>	2006
<i>Maitlynn Miller</i>	2016	<i>Sarah Lajeunesse</i>	2007
<i>Ashley Sazalski</i>	2017	<i>Tara Erdos</i>	2008
<i>Kyra Collier</i>	2018	<i>Courtney Primrose</i>	2009
<i>Jordan Goruk</i>	2019	<i>Courtney Primrose</i>	2010
<i>Gracyn Hay</i>	2020	<i>Sarah Royer</i>	2011
<i>Elizabeth Spiess</i>	2022	<i>Nikki Furukawa</i>	2012
<i>Madison Day Chief</i>	2023	<i>Alycia Amatto</i>	2013
		<i>Shaelynn Adams</i>	2014
		<i>Mylanda Miller</i>	2015
		<i>Ellie Kabayama</i>	2016
		<i>Ellie Kabayama</i>	2017
		<i>Ashley Sazalski</i>	2018
		<i>Abby Clapton</i>	2019
		<i>Alexis DeMaere, Payton Kruger</i>	2020
		<i>Natsume Yoshihara</i>	2022
		<i>Zoe Lenci</i>	2023

Cougar Athletic Awards - Basketball

Female - Defensive Player Award	
Name	Year
<i>Lorraine Beaudin</i>	1983
<i>Lorraine Beaudin</i>	1984
<i>Laura Bethlehem</i>	1985
<i>Martina Szilagyi</i>	1986
<i>Vanessa Upton</i>	1987
<i>Sherri McInnis</i>	1988
<i>Janice Gyorkos</i>	1989
<i>Janice Gyorkos</i>	1990
<i>Candice O'Connor</i>	1991
<i>Robin Murphy</i>	1992
<i>Jennefer Pawlak</i>	1993
<i>Trish Whimster</i>	1994
<i>Sarah Joly</i>	1995
<i>Nicole McKenzie</i>	1996
<i>Gina Pasquotti</i>	1997
<i>Christina Matteotti</i>	1998
<i>Michelle Kincheloe</i>	1999
<i>Andrea Fox</i>	2000
<i>Amanda Weitz</i>	2001
<i>Kelsey Jespersen</i>	2002
<i>Jade Schweitzer</i>	2003
<i>Jade Schweitzer</i>	2004
<i>Teneille Mulder, Sondra Christensen</i>	2005
<i>Megan Gajdostik</i>	2006
<i>Terra Kaskiw</i>	2007
<i>Vanessa Monaghan</i>	2008
<i>Laura-Lee Dore</i>	2009
<i>Stephanie Groten</i>	2010
<i>Stephanie Groten</i>	2011
<i>Alycia Amatto</i>	2012
<i>Lyndee Saler</i>	2013
<i>Caitline Langhofer, Hannah Fugeson</i>	2014
<i>Carly Ironshirt/Cassie Kawa</i>	2015
<i>Maria Blanco</i>	2016
<i>Jacynda Conroy</i>	2017
<i>Ashley Sazalski</i>	2018
<i>Alissa Crawford</i>	2019
<i>Gracyn Hay, Tolu Awoderu</i>	2020
<i>Kiara Jankowiak</i>	2022
<i>Allison Baptista</i>	2023

Female - Varsity Top Scorer	
Name	Year
<i>Evelyn Ambrozic</i>	1977
<i>Evelyn Ambrozic</i>	1978
<i>Diane Irvine</i>	1979
<i>Dawn Fry</i>	1980
<i>Dawn Fry</i>	1981
<i>Dawn Fry</i>	1982
<i>Linda Smith</i>	1983
<i>Margie Gal</i>	1984
<i>Barb Babott</i>	1985
<i>Barb Babott</i>	1986
<i>Martyna Szilagyi</i>	1987
<i>Vanessa Upton</i>	1988
<i>Evelyn Scholten</i>	1989
<i>Tanya Huggins</i>	1990
<i>Tanya Huggins</i>	1991
<i>Crystal Kain</i>	1992
<i>Crystal Kain</i>	1993
<i>Crystal McPherson</i>	1994
<i>Melanie Marek</i>	1995
<i>Carla Ferrari</i>	1996
<i>Carla Ferrari</i>	1997
<i>Jennifer Neufeld</i>	1998
<i>Jennifer Neufeld</i>	1999
<i>Jessica Fox</i>	2000
<i>Chantel Mulder</i>	2001
<i>Chantel Mulder</i>	2002
<i>Jessica Wright, Kelsey Jespersen</i>	2003
<i>Brett Coleman</i>	2004
<i>Jenelle Feller, Mandi Walker</i>	2005
<i>Mandi Walker</i>	2006
<i>Janelle Groten</i>	2007
<i>Finola Black Plume</i>	2008
<i>Taya Keujer</i>	2009
<i>Taya Keujer</i>	2010
<i>Taya Keujer</i>	2011
<i>Mariah Miller</i>	2012
<i>Mariah Miller</i>	2013
<i>Lyndsay Amatto</i>	2014
<i>Lindsay Amatto</i>	2015
<i>Mylanda Miller</i>	2016
<i>Maitlynn Miller</i>	2017
<i>Chloe Bevans</i>	2018

Cougar Athletic Awards - Basketball

Female - Varsity Top Scorer	
<i>Kyra Collier</i>	2019
<i>Aimee Baron</i>	2020
<i>Mackenzie Schindler</i>	2022
<i>Christa Healy</i>	2023

Female - Most Valuable Player	
Name	Year
<i>Jean McDonald</i>	1977
<i>Bev Jackson, Evelyn Ambrozic</i>	1978
<i>Diane Irvine</i>	1979
<i>Angela Saccomani</i>	1980
<i>Caroline Ambrozic</i>	1981
<i>Dori Rodzinyak, Dawn Fry</i>	1982
<i>Linda Smith</i>	1983
<i>Margie Gal</i>	1984
<i>Barb Kortt</i>	1985
<i>Laura Bethlehem</i>	1986
<i>Martina Szalagyi</i>	1987
<i>Carmen Knutson, Vanessa Upton</i>	1988
<i>Sandra Royer</i>	1989
<i>Sue Meyers</i>	1990
<i>Tanya Huggins, Janice Gyorkos</i>	1991
<i>Candice O'Connor</i>	1992
<i>Crystal Kain</i>	1993
<i>Crystal McPherson</i>	1994
<i>Trish Whimster, Melanie Marek</i>	1995
<i>Nicole McKenzie</i>	1996
<i>Jennifer Kramer</i>	1997
<i>Jennifer Neufeld</i>	1998
<i>Jennifer Neufeld</i>	1999
<i>Jessica Fox</i>	2000
<i>Shilo Coleman</i>	2001
<i>Maggie Fox, Chantel Mulder</i>	2002
<i>Kelsey Jespersen</i>	2003
<i>Melissa Weitz, Brett Coleman</i>	2004
<i>Teneille Mulder</i>	2005
<i>Finola Black Plume, Mandi Walker</i>	2006
<i>Jaclyn Groten, Janelle Groten</i>	2007
<i>Finola Black Plume, Terra Kaskiw</i>	2008
<i>Vanessa Monaghan</i>	2009

Female - Most Valuable Player	
<i>Taya Keujer</i>	2010
<i>Taya Keujer, Katie Lowen</i>	2011
<i>Nikki Furukawa, Sydney Voogle</i>	2012
<i>Mariah a Miller</i>	2013
<i>Lyndee Saler</i>	2014
<i>Lindsey Amatto</i>	2015
<i>Mylanda Miller</i>	2016
<i>Maitlynn Miller</i>	2017
<i>Gracie Boser</i>	2018
<i>Kyra Collier, Ashley Szalski</i>	2019
<i>Aimee Baron</i>	2020
<i>Mackenzie Schindler</i>	2022
<i>Allison Baptista, Julia Dower</i>	2023

Female - Most Improved Player	
Name	Year
<i>Samantha Stahl</i>	2011
<i>Gabby Duff</i>	2012
<i>Jessica Duncan</i>	2013
<i>Carly Ironshirt</i>	2014
<i>Taya Mikado</i>	2015
<i>Sydney Kerr</i>	2016
<i>Nikki Stahl</i>	2017
<i>Alissa Crawford</i>	2018
<i>Emma Mariner</i>	2019
<i>Tatum Adair</i>	2020
<i>Allison Baptista</i>	2022
<i>Danika Hodge</i>	2023



Cougar Athletic Awards - Basketball

Female - Leontine Pot Memorial Award	
Name	Year
<i>Pam Bennett</i>	1988
<i>Niclole Kinniburgh</i>	1989
<i>Laurie Zimmer</i>	1990
<i>Hellen Kalias</i>	1991
<i>Colene Graham, Viola Casis</i>	1992
<i>Crystal McPherson</i>	1993
<i>Cori Watson</i>	1994
<i>Michelle Villeneuve</i>	1995
<i>Allison Huggins</i>	1996
<i>Anita Nelis</i>	1997
<i>Brianne Robertson</i>	1998
<i>Kelly Fress</i>	1999
<i>Rana Delaney</i>	2000
<i>Maggi Fox</i>	2001
<i>Kelsey Kinahan</i>	2002
<i>Brittany Shimek</i>	2003
<i>Whitney Grbavac</i>	2004
<i>Sondra Christensen</i>	2005
<i>Megan Gajdostik</i>	2006
<i>Amanda Red Crow</i>	2007
<i>Amanda Red Crow</i>	2008
<i>Chloe Cross Child, Kathleen Bergsma</i>	2009
<i>Kathleen Bergsma</i>	2010
<i>Erin Kelly</i>	2011
<i>Abuk Duot</i>	2012
<i>Shareen Monaghan</i>	2013
<i>Raeanne Kinahan</i>	2014
<i>Amelia Stoddart / Amy Gruninger / Alyssa Van Vaerenbergh</i>	2015
<i>Nikki Stahl</i>	2016
<i>Floriane Houenagnon/ Sydney Kerr</i>	2017
<i>Chloe Bevans/Hailey Schneider</i>	2018
<i>Jandan Thomas</i>	2019
<i>Dianna Prawdzik</i>	2020
<i>Alyssia Malinowski, Anastyn Hart</i>	2022
<i>Charlie Stroeve</i>	2023

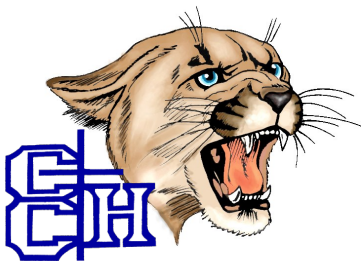
JV Girls Core Covenant Award	
Name	Year
<i>Amy Gruninger, Alyssa VanVaerenbergh</i>	2014
<i>Madalynn Guzowski / Nikki Stahl</i>	2015
<i>Matea OBara</i>	2016
<i>Alex Pasquotti/Hailey Schneider</i>	2017
<i>Magiure Miller/Abigayil Clapton</i>	2018
<i>Claire Talbot, Tolu Awoderu</i>	2019
<i>Kiara Jankowial</i>	2020
<i>Libby Pasquotti, Charlie Stroeve</i>	2022
<i>Christina Ortiz Bruised Head</i>	2023

Male - Junior Varsity Top Scorer	
Name	Year
<i>Sean Keenan</i>	1977
<i>Bill Papp</i>	1978
<i>Pete Lavoratto</i>	1979
<i>Kevin Kinahan</i>	1980
<i>Eric Stanley</i>	1981
<i>Mark Hoveling</i>	1982
<i>Dino Pasquotti</i>	1983
<i>Dean Homulos</i>	1984
<i>Jim Kaminski</i>	1985
<i>Vince Toth</i>	1986
	1987
<i>Sipke Scholten</i>	1988
<i>Ian Miller</i>	1989
<i>Ryan Seeman</i>	1990
<i>Colin Ward</i>	1991
<i>Rob Izsak</i>	1992
<i>Regan Lane</i>	1993
<i>Brad Wall</i>	1994
<i>John Cohen</i>	1995
<i>Rob Slavich</i>	1996
<i>Jay Wellis</i>	1997
<i>Mark Krezlewicz</i>	1998

Cougar Athletic Awards - Basketball

Male - Junior Varsity Top Scorer	
<i>Tico Ironshirt</i>	1999
<i>Brian Nelis</i>	2000
<i>Brandon Magierowski</i>	2001
<i>Jeff Waldner</i>	2002
<i>Jerrod Mulder</i>	2003
<i>Shawn Hooper</i>	2004
<i>Joey Dyck</i>	2005
<i>Garrett Gruber</i>	2006
<i>Dario Pasquotti</i>	2007
<i>Shayne Pardiac</i>	2008
<i>Conor Delbello</i>	2009
<i>Zach Pardiac</i>	2010
<i>Nico Passquotti</i>	2011
<i>Garrett Kawa</i>	2012
<i>Braydon Jetten</i>	2013
<i>Keaton Josuettes</i>	2014
<i>Keaton Josuttes</i>	2015
<i>Avery Hoffman</i>	2016
<i>Shea Gibb</i>	2017
<i>Inigo Castro</i>	2018
<i>Josh Crawford</i>	2019
<i>Sebastian Plarisan</i>	2020
<i>Ife Popoola</i>	2022
<i>Adam Krisko</i>	2023

Male - Rookie of the Year	
Name	Year
<i>Rob Izsak</i>	1992
<i>Regan Lane</i>	1993
<i>Rob Kain</i>	1994
<i>Chad Wells</i>	1995
<i>Mike Tedesco</i>	1996
<i>Ryan Cain</i>	1997
<i>Juliano De Brito</i>	1998
<i>Kenny Wells</i>	1999
<i>Tico Ironshirt</i>	2000
<i>Brian Nelis</i>	2001
<i>Ken Fugelrud</i>	2002
<i>A.J. Kennedy</i>	2003
<i>Chance Lemisko</i>	2004
<i>Jared Garrick</i>	2005
<i>Luc Rajcic</i>	2006
<i>Dario Pasquotti, Jordan Campbell</i>	2007
<i>Shane Dustan</i>	2008
<i>Taylor Jetten</i>	2009
<i>Matteo Pasquotti</i>	2010
<i>Nico Pasquotti</i>	2011
<i>Garrett Kawa</i>	2012
<i>Rory Russell</i>	2013
<i>Keaton Josuttes</i>	2014
<i>Shawn Adams</i>	2015
<i>Nathan Chua</i>	2016
<i>Ben Hoveling</i>	2017
<i>Shea Gibb</i>	2018
<i>Tate Stroud</i>	2019
<i>Sebastien Plarisan, Derek Trapp</i>	2020
<i>Talon Weasel Head</i>	2022
<i>Josh Ayuel</i>	2023



Cougar Athletic Awards - Basketball

Male - 110% Player Award	
<i>Clay Rook</i>	1992
<i>David Kolesar</i>	1993
<i>Regan Lane, Lucas Ferguson</i>	1994
<i>Rob Kain</i>	1995
<i>Chad Wells</i>	1996
<i>James Wagner</i>	1997
<i>David Besaw</i>	1998
<i>Tyler Rice</i>	1999
<i>Beau Filkowski</i>	2000
<i>Devin Mulder</i>	2001
<i>Terrance Frank</i>	2002
<i>Dave Collier</i>	2003
<i>Jerrod Mulder</i>	2004
<i>Jerrod Mulder</i>	2005
<i>Brandon Erdos</i>	2006
<i>Tyrell Stinn</i>	2007
<i>Jordan Curteanu</i>	2008
<i>Jordan Curteanu</i>	2009
<i>Grayson Mutter</i>	2010
<i>Brennan VanNistelrooy</i>	2011
<i>Matteo Pasquotti, Connor Hinman</i>	2012
<i>Joey Cavilla</i>	2013
<i>Braydon Jetten</i>	2014
<i>Ben Kelly</i>	2015
<i>Brady Collier</i>	2016
<i>Kaydon Davidson</i>	2017
<i>Ben Hoveling</i>	2018
<i>Nate Moreria</i>	2019
<i>Raphael Batingal</i>	2020
<i>Tyson Wever</i>	2022
<i>Ryan Luu</i>	2023

JV Boys Cougar Core Covenant	
Name	Year
<i>Leif LeClaire</i>	2014
<i>Brady Collier</i>	2015
<i>Nolan Jetten</i>	2016
<i>Reid LeClaire</i>	2017
<i>Magiure Miller/Fernado Vega</i>	2018
<i>Tate Stroud</i>	2019
<i>Pablo Osorio</i>	2020
<i>Joey Gayowski</i>	2022
<i>Joey Gayowski</i>	2023

Male - Best Defensive Player	
Name	Year
<i>Dale Comchi</i>	1992
<i>Shawn Wells</i>	1993
<i>Brad Higginson</i>	1994
<i>Kevin Rudolph</i>	1995
<i>Chris Renyk</i>	1996
<i>Chad Wells</i>	1997
<i>Joel Mrak</i>	1998
<i>Nick Hay</i>	2000
<i>Nick Hay</i>	2001
<i>Michael Stewart</i>	2002
<i>Patrick Leith</i>	2003
<i>Patrick Leith, Jeff Waldner</i>	2004
<i>Jerrod Mulder</i>	2005
<i>Nick Pietras</i>	2006
<i>Logan Redman</i>	2007
<i>Kas MacMillan</i>	2008
<i>Jessy Dyck</i>	2009
<i>Shane Dustan</i>	2010
<i>Troy Erikson</i>	2011
<i>Mikenson Firth, Troy Eriksen</i>	2012
<i>Mikenson Firth</i>	2013
<i>Alex Copeland</i>	2014
<i>Kyle Samiosette</i>	2015
<i>Shawn Adams</i>	2016
<i>Cole Stroud</i>	2017
<i>Denelson Jada</i>	2018
<i>Denelson Jada</i>	2019
<i>Zac Morris</i>	2020
<i>Callum Atkinson</i>	2022
<i>Grady Hay</i>	2023

Male - Most Improved Player	
Name	Year
<i>Ryan Mucciarone</i>	2011
<i>Matthew Mantello</i>	2012
<i>Braydon Jetten, Alex Copeland</i>	2013
<i>Garrett Kawa</i>	2014
<i>Leif LeClaire</i>	2015
<i>Kaydon Davidson/Cole Stroud</i>	2016
<i>Avery Hoffman</i>	2017
<i>Nate Moreira</i>	2018
<i>Cole Friesen</i>	2019
<i>Nikolai Westwood</i>	2020
<i>Rylan Adrian</i>	2022
<i>Kout Nyang</i>	2023

Cougar Athletic Awards - Basketball

Male - Top Varsity Scorer	
Name	Year
<i>Paul LeClaire</i>	1977
<i>Rob Fiorino</i>	1978
<i>Rob Fiorino</i>	1979
<i>Brad Koskowich</i>	1980
<i>Kevin Kinahan</i>	1981
<i>Frank Fraulin</i>	1982
<i>Frank Fraulin</i>	1983
<i>Mark Hoveling</i>	1984
<i>Dennis Fiorino</i>	1985
<i>Jim Kaminski</i>	1986
<i>Jim Kaminski</i>	1987
<i>Jim Kaminski</i>	1988
<i>John Ward</i>	1989
<i>Tom Rodzinyak</i>	1990
<i>Jason Czarny</i>	1991
<i>Jason Czarny</i>	1992
<i>Jason Czarny</i>	1993
<i>Rob Izsak</i>	1994
<i>Regan Lane</i>	1995
	1996
<i>Rob Slavich</i>	1997
<i>Rob Slavich</i>	1998
<i>Ryan Cain</i>	1999
<i>Juliano De Brito</i>	2000
<i>Darcy Day Chief</i>	2001
<i>Vince Vercillo</i>	2002
<i>Ken Mazurek</i>	2003
<i>Eric Dekens</i>	2004
<i>Eric Dekens</i>	2005
<i>Jeff Mazurek</i>	2006
<i>David Vander Lee</i>	2007
<i>Dario Pasquotti</i>	2008
<i>Shayne Pardiack</i>	2009
<i>Conor Delbello</i>	2010
<i>Taylor Jetten</i>	2011
<i>Nico Pasquotti</i>	2012
<i>Nico Pasquotti</i>	2013
<i>Rory Russell</i>	2014
<i>Keaton Josuttes</i>	2015
<i>Leif LeClaire</i>	2016
<i>Nick Gibb</i>	2017
<i>CJ Hirsche</i>	2018
<i>Will Hughes</i>	2019

Male - Top Varsity Scorer	
Name	Year
<i>Josh Crawford</i>	2020
<i>Mofi Popoola</i>	2022
<i>Talon Weasel Head</i>	2023

Male - Most Valuable Player	
Name	Year
<i>Jason Czarny</i>	1992
<i>Rob Izsak</i>	1993
<i>Rob Izsak</i>	1994
<i>Regan Lane</i>	1995
<i>Brad Wall</i>	1996
<i>Chris Noss</i>	1997
<i>Rob Slavich</i>	1998
<i>Ryan Cain</i>	1999
<i>Kenny Wells, Juliano De Brito</i>	2000
<i>Darcy Day Chief</i>	2001
<i>Brendon Blood</i>	2002
<i>Ken Fuglerud</i>	2003
<i>Dave Collier</i>	2004
<i>A.J Kennedy</i>	2005
<i>Tom Collier</i>	2006
<i>Garrett Gruber</i>	2007
<i>Dario Pasquotti</i>	2008
<i>Dario Pasquotti</i>	2009
<i>Taylor Jetten</i>	2010
<i>Taylor Jetten</i>	2011
<i>Nico Pasquotti, Troy Eriksen</i>	2012
<i>Nico Pasquotti</i>	2013
<i>Rory Russell</i>	2014
<i>Rory Russell</i>	2015
<i>Leif LeClaire</i>	2016
<i>Luca Korosec</i>	2017
<i>CJ Hirsche</i>	2018
<i>Will Hughes</i>	2019
<i>Tate Stroud</i>	2020
<i>Mofi Popoola</i>	2022
<i>Rylan Adrian</i>	2023

Cougar Athletic Awards Football

Football - Player's Player Award	
Name	Year
<i>Rob Bruchet</i>	1987
<i>Rob Bruchet</i>	1988
<i>Dennis Dorn</i>	1989
<i>Kevin Plaksey</i>	1990
<i>Dale Comchi</i>	1991
<i>Russell Gallant</i>	1992
<i>Scott Bishop</i>	1993
<i>Regan Lane</i>	1994
<i>Lydell Mack</i>	1995
<i>Mark Van Moorsel</i>	1996
<i>Alan Rice, Daniel Huneault</i>	1997
<i>Beau Callaghan</i>	1998
<i>Jose Rauda</i>	1999
<i>Todd No Runner</i>	2000
<i>Luis Rauda</i>	2001
<i>Evan Hemsing, John Nguyen</i>	2002
<i>Ed Motycka</i>	2003
<i>Chad Von Matt</i>	2004
<i>Tom Collier</i>	2005
<i>David Stefanuk</i>	2006
<i>Garret Giolo</i>	2007
<i>Shaun Westerson</i>	2008
<i>Peter Credico</i>	2009
<i>Kevin Bergsma</i>	2010
<i>Jared Delaney</i>	2011
<i>Logan Cale</i>	2012
<i>Carson Stickel</i>	2013
<i>Jared Dyck</i>	2014
<i>Brady Collier</i>	2015
<i>Tim Uchikura</i>	2016
<i>Justin Hurnanen</i>	2017
<i>Taylor Viney</i>	2018
<i>Cole Friesen</i>	2019
<i>Jack Crosschild</i>	2021
<i>Zoe Lenci</i>	2022

Football Defensive Player of the Year	
Name	Year
<i>Joe Herauf</i>	1983
<i>Mike Myndio</i>	1984
<i>Duane Kambeitz</i>	1985
<i>Paul Gleason</i>	1986
<i>Rob Tratch</i>	1987
<i>Rob Tratch</i>	1988
<i>Travis Gerla</i>	1989
<i>Rich Preuss</i>	1990
<i>Ryan Tratch</i>	1991
<i>Scott Tallman</i>	1992
<i>Warren Doepker</i>	1993
<i>Dana Chief Body</i>	1994
<i>Ryan Deck</i>	1995
<i>Calvin Scott</i>	1996
<i>Alan Rice</i>	1997
<i>Tyler Rice</i>	1998
<i>Scott Baker</i>	1999
<i>Todd No Runner</i>	2000
<i>Luis Rauda</i>	2001
<i>Evan Hemsing</i>	2002
<i>Ed Motycka</i>	2003
<i>Nick Pietras, Chance Lemisko</i>	2004
<i>Glenn Pirie, Nick Pietras</i>	2005
<i>Eric Motycka, Korey Reimer</i>	2006
<i>James Murray</i>	2007
<i>Jordan Curteanu</i>	2008
<i>Tyler Mantyak</i>	2009
<i>Lucas Neufeld, Riley Horvath</i>	2010
<i>Travis Viney</i>	2011
<i>Travis Arnoldussen</i>	2012
<i>Dru LeClaire, Josh Paisley</i>	2013
<i>Jared Dyck</i>	2014
<i>Leif LeClaire, Kahl Stickel</i>	2015
<i>Cole Stroud</i>	2016
<i>Reid LeClaire</i>	2017
<i>Mateus Griffio</i>	2018
<i>Mateus Griffio</i>	2019
<i>Jaxon Douglas</i>	2021
<i>Noah Kinniburgh, Will Marsh</i>	2022

Cougar Athletic Awards - Football

Most Valuable Player		Most Valuable Player	
Name	Year	Name	Year
St Francis Boys School		<i>Tim Clapton</i>	1991
<i>Mike Gleason</i>	1958	<i>Russell Gallant</i>	1992
<i>Veryl Todd</i>	1959	<i>Kris Indzeoski</i>	1993
<i>Jack Gleason</i>	1960	<i>Regan Lane, Dana Chief Body</i>	1994
<i>Bill Tedesco</i>	1961	<i>Lydell Mack</i>	1995
<i>Bob Harris</i>	1962	<i>Calvin Scott, Mario D'Agnone</i>	1996
<i>Danny Santoni</i>	1963	<i>Mario D'Agnone</i>	1997
<i>Gary Patience</i>	1964	<i>Tyler Rice</i>	1998
<i>Don Forster</i>	1965	<i>Beau Filkowski</i>	1999
<i>Don Forster</i>	1966	<i>Todd No Runner</i>	2000
Catholic Central High School		<i>Mark Feller</i>	2001
<i>Doug Hinds</i>	1967	<i>Ken Mazurek</i>	2002
<i>Aurelio Delbello</i>	1968	<i>Alex Klare</i>	2003
<i>Bill Harbuz</i>	1969	<i>Andrew Gruber</i>	2004
<i>Greg Royer</i>	1970	<i>Tom Collier, Jeff Mazurek</i>	2005
<i>Ed Krajewski</i>	1971	<i>Denton Lafournie, David Stefanuk</i>	2006
<i>Bob Parkyn</i>	1972	<i>Brad Erdos</i>	2007
<i>Guy Pomahac</i>	1973	<i>Travis Fay</i>	2008
<i>Dave Jackson</i>	1974	<i>Tyler Mantyak, Peter Credico</i>	2009
<i>Morgan Munroe</i>	1975	<i>Bryce Codan, Brennan VanNistelrooy</i>	2010
<i>Tim Gross</i>	1976	<i>Travis Viney, Nico Pasquotti</i>	2011
<i>Dave McLellan</i>	1977	<i>Nico Pasquotti</i>	2012
<i>Peter LeClaire</i>	1978	<i>Braydon Jetten</i>	2013
<i>Glenn Viney</i>	1979	<i>Carson Stickel</i>	2014
<i>Dave Stroud</i>	1980	<i>Leif LeClaire, Derek Sentes</i>	2015
<i>Kevin Stroud</i>	1981	<i>Levi Takashashi, Broden Mar</i>	2016
<i>Mario Meli</i>	1982	<i>Kai Sampson</i>	2017
<i>Gary Saler</i>	1983	<i>Will Hughes</i>	2018
<i>Mike Myndio</i>	1984	<i>Mateus Griffo</i>	2019
<i>Rob Krushel, Ed Kremenik</i>	1985	<i>Derek Trapp</i>	2021
<i>Ed Kremenik</i>	1986	<i>Lucas Authier</i>	2022
<i>Shawn Ball</i>	1987		
<i>Ian Walker</i>	1988		
<i>Anthony Kremenik</i>	1989		
<i>Travis Gerla</i>	1990		

Cougar Athletic Awards Football

Top Scorer	
Name	Year
<i>Tim Gross</i>	1976
<i>Walter Montana</i>	1977
<i>Peter LeClaire</i>	1978
<i>Glenn Viney</i>	1979
<i>Dave Stroud</i>	1980
<i>Mario Meli</i>	1981
<i>Mario Meli</i>	1982
<i>Gary Saler</i>	1983
<i>Tim Armstrong</i>	1984
<i>Ed Kremenik</i>	1985
<i>Ed Kremenik</i>	1986
<i>Mario Pasquotti</i>	1987
<i>Cory Knutson</i>	1988
<i>Anthony Kremenik</i>	1989
<i>Tim Clapton</i>	1990
<i>Tim Clapton</i>	1991
<i>Brett Stimson</i>	1992
<i>Brad Higginson</i>	1993
<i>Ryan Deck</i>	1994
<i>Joe Kelenc</i>	1995
<i>Mario D'Agnone</i>	1996
<i>Mario D'Agnone</i>	1997
<i>Beau Filkowski</i>	1998
<i>Beau Filkowski</i>	1999
<i>Mark Feller</i>	2000
<i>Dustin Smith</i>	2001
<i>Brady Nakama</i>	2002
<i>Alex Klare</i>	2003
<i>Blair Stolz</i>	2004
<i>Denton Lafournie, Tysun Tallman</i>	2005
<i>Denton Lafournie,</i>	2006
<i>Taylor Austin, Karlo Malik</i>	2007
<i>Rylund Ens</i>	2008
<i>Matteo Pasquotti</i>	2009
<i>Brennan VanNistelrooy</i>	2010
<i>Nico Pasquotti</i>	2011

Top Scorer	
Name	Year
<i>Nico Pasquotti</i>	2012
<i>Braydon Jetten</i>	2013
<i>Derek Sentes</i>	2014
<i>Derek Sentes</i>	2015
<i>Levi Takahashi, Cole Stroud</i>	2016
<i>Reid LeClaire</i>	2017
<i>Will Hughes</i>	2018
<i>Mateus Griffio, Derek Trapp</i>	2019
<i>Derek Trapp</i>	2021
<i>Kingston Freedman</i>	2022

Football - Special Awards Anderson Iron Man Cup Top Performers	
Name	Year
<i>Aaron Royer</i>	2012
<i>Josh Paisley</i>	2013
<i>Derek Sentes</i>	2014
<i>Nate Pasquotti</i>	2015
<i>Cole Stroud</i>	2016
<i>Will Hughes</i>	2017
<i>Will Hughes</i>	2018
<i>Josh Kiss</i>	2019
<i>Grady Hay</i>	2021
<i>Grady Hay</i>	2022



Cougar Athletic Awards Football

Rookie of the Year		Rookie of the Year	
Name	Year	Name	Year
St Francis Boys School		<i>Tyler Rice</i>	1996
<i>Doug Hinds</i>	1964	<i>Anthony Vercillo</i>	1997
<i>Gary Terleski</i>	1965	<i>Nick Hay</i>	1998
<i>Bill Harbuz</i>	1966	<i>Mark Feller</i>	1999
Catholic Central High School		<i>Brady Nakama</i>	2000
<i>Mike Mauro</i>	1967	<i>Alex Klare</i>	2001
<i>Dennis O'Connell</i>	1968	<i>David Lyon</i>	2002
<i>John Kostiuk</i>	1969	<i>Chance Lemisko, Jeff Mazurek</i>	2003
<i>Bob Parkyn</i>	1970	<i>David Stefanuk, Adam Selinger</i>	2004
<i>Guy Pomahac</i>	1971	<i>Hogan Short, Clinton Manybears</i>	2005
<i>Rick Berlando</i>	1972	<i>Brad Shaskin</i>	2006
<i>Morgan Munroe</i>	1973	<i>Tyler Mantyak</i>	2007
<i>Roman Ksiazek</i>	1974	<i>Zebb Reurink</i>	2008
<i>Dennis Kaupp, Dave Aberle</i>	1975	<i>Matteo Pasquotti</i>	2009
<i>Pete LeClaire, Randy Magierowski</i>	1976	<i>Nico Pasquotti</i>	2010
<i>Mike Stroud</i>	1977	<i>Joey Cavilla</i>	2011
<i>Dave Stroud</i>	1978	<i>Hunter Sorgard</i>	2012
<i>Kevin Stroud, Shawan Gilborn</i>	1979	<i>Leif Leclair</i>	2013
<i>Marcel Laramée</i>	1980	<i>Tyson Mead</i>	2014
<i>Mario Meli</i>	1981	<i>Levi Takahashi</i>	2015
<i>Michael Myndio</i>	1982	<i>Taylor Viney, Will Hughes</i>	2016
<i>Frank Szing</i>	1983	<i>Jackson Laurie/Dante Griffo/ Cole Friesen</i>	2017
<i>Ron Bodie</i>	1984	<i>Andy Ravelojaona</i>	2018
<i>Mario Pasquotti</i>	1985	<i>Derek Trapp</i>	2019
<i>Ian Walker</i>	1986	<i>Lucas Authier</i>	2021
<i>Rob Tratch</i>	1987	<i>Kingston Freedman</i>	2022
<i>Travis Gerla</i>	1988		
<i>Ryan Tratch</i>	1989		
<i>Chris Wyrostok</i>	1990		
<i>Clay Rook</i>	1991		
<i>Brad Higginson, Kris Indzeoski</i>	1992		
<i>Kevin Takasaki</i>	1993		
<i>Calvin Scott</i>	1994		
<i>Brad Barton, Mario D'Agnone, Alan Rice</i>	1995		

Cougar Athletic Awards - Football

Lineman of the Year	
Name	Year
<i>St Francis Boys School</i>	
<i>Rob Turner</i>	<i>1964</i>
<i>Jerry Grisak</i>	<i>1965</i>
<i>Duane Herbers</i>	<i>1966</i>
<i>Catholic Central High School</i>	
<i>Jim Zook</i>	<i>1967</i>
<i>Hubert Federkeil</i>	<i>1968</i>
<i>Rick Credico</i>	<i>1969</i>
<i>Robert Taylor</i>	<i>1970</i>
<i>Lyle Gallant</i>	<i>1971</i>
<i>Don Malesza</i>	<i>1972</i>
<i>Steve Devcic</i>	<i>1973</i>
<i>Barry Niedermier</i>	<i>1974</i>
<i>Roman Ksiazek, Craig Riech</i>	<i>1975</i>
<i>Raniero, Zucco</i>	<i>1976</i>
<i>Dennis Kaupp</i>	<i>1977</i>
<i>Kevin Sudo</i>	<i>1978</i>
<i>Glenn Viney</i>	<i>1979</i>
<i>Gary Daub</i>	<i>1980</i>
<i>Kevin Stroud</i>	<i>1981</i>
<i>Marcel Laramee</i>	<i>1982</i>
<i>Joe Meli</i>	<i>1983</i>
<i>Ed Schill, Frank Szing</i>	<i>1984</i>
<i>Glenn Jankowiak</i>	<i>1985</i>
<i>Kevin Garinger</i>	<i>1986</i>
<i>Shawn Ball</i>	<i>1987</i>
<i>Ian Walker</i>	<i>1988</i>
<i>Travis Gerla</i>	<i>1989</i>
<i>Travis Gerla</i>	<i>1990</i>
<i>Bryan Whelpley</i>	<i>1991</i>
<i>Jeff Johnson</i>	<i>1992</i>
<i>Warren Doepker</i>	<i>1993</i>
<i>Dana Chief Body</i>	<i>1994</i>
<i>Aaron Seeman</i>	<i>1995</i>

Lineman of the Year	
Name	Year
<i>Brad Barton</i>	<i>1996</i>
<i>Brad Barton</i>	<i>1997</i>
<i>Tyler Rice</i>	<i>1998</i>
<i>Scott Baker</i>	<i>1999</i>
<i>Jeff Park</i>	<i>2000</i>
<i>Louis Balog</i>	<i>2001</i>
<i>Adam Lazzaretto</i>	<i>2002</i>
<i>Nick Straat</i>	<i>2003</i>
<i>Kyle Dalton</i>	<i>2004</i>
<i>David Stefanuk, Patrick Rodney</i>	<i>2005</i>
<i>Chad Epp, Ryland Jacklin</i>	<i>2006</i>
<i>Troy Deazevedo</i>	<i>2007</i>
<i>Garret Vanderagen, Steve Daniel</i>	<i>2008</i>
<i>Bryce Herba</i>	<i>2009</i>
<i>Dustin Ledsham, Jordan Fruson</i>	<i>2010</i>
<i>Derek De Coste, Travis Arnoldussen</i>	<i>2011</i>
<i>Chad Keujer, Nicholas Schaaf</i>	<i>2012</i>
<i>Dru Leclair, Matthew Sentes</i>	<i>2013</i>
<i>Leif Leclair, Jared Dyck</i>	<i>2014</i>
<i>Leif Leclair</i>	<i>2015</i>
<i>Broden Mar</i>	<i>2016</i>
<i>Louie Amititi</i>	<i>2017</i>
<i>Taylor Viney</i>	<i>2018</i>
<i>Cole Friesen</i>	<i>2019</i>
<i>Dominic Piper</i>	<i>2021</i>
<i>Austin Robertson</i>	<i>2022</i>



Cougar Athletic Awards - Football

Most Improved Player	
Name	Year
<i>Mark Herauf</i>	1983
<i>Rob Krushel</i>	1984
<i>Rod Garinger</i>	1985
<i>John Dobirstern</i>	1986
<i>Tony Seskus</i>	1987
<i>Shaun Killins</i>	1988
<i>Tom Rodzinyak, Trevor Kish</i>	1989
<i>Scott Walker, Pete Syratt</i>	1990
<i>Chris Wyrostok</i>	1991
<i>Scott Bishop</i>	1992
<i>Regan Lane</i>	1993
<i>Nick Munroe, Gene Chu</i>	1994
<i>Toby Block, Aaron Duff</i>	1995
<i>Dallas Woodman, Paul Irvine</i>	1996
<i>Tyler Rice</i>	1997
<i>Steve Riley, Ryan Nakama</i>	1998
<i>Todd No Runner</i>	1999
<i>Dave Fehr</i>	2000
<i>Craig Mitchell</i>	2001
<i>Alex Klare, Brad Martin</i>	2002
<i>Kyle Dalton</i>	2003
<i>Brendan Coffey, Jeff Mazurek</i>	2004
<i>James Laforge, Patrick Shelson</i>	2005
<i>Lane Beebe, Taylor Austin</i>	2006
<i>Matt Grieve</i>	2007
<i>J.P. Theroux, Travis Corazza</i>	2008
<i>Evan Parr, Riley Horvath</i>	2009
<i>Jared Bourret</i>	2010
<i>Max Stroud, Aksel Tigley</i>	2011
<i>Gabe Mantello</i>	2012
<i>Jared Dyck</i>	2013
<i>Keaton Josuttes</i>	2014
<i>Riley Roosen</i>	2015
<i>Reid LeClaire, Jared Viney</i>	2016
<i>Kaymen Piper</i>	2017
<i>Mark Federkeil</i>	2018
<i>Liam Sampson, Isaiah Thomas</i>	2019
<i>Noah Kinniburgh, Noah Wagenaar</i>	2021
<i>Kalan Boyko, Lucas Oevering</i>	2022

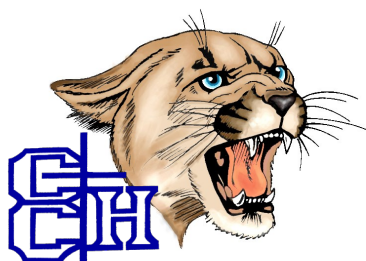
Player Who Contributes the Most with the Least Recognition	
Name	Year
<i>St. Francis Boys School</i>	
<i>Paul Lowrie</i>	1965
<i>Les Hewlett</i>	1966
<i>Catholic Central High School</i>	
<i>John Molyneux</i>	1967
<i>Steve Mychasiuk</i>	1968
<i>George Rice</i>	1969
<i>Fred Hoffarth</i>	1970
<i>Jim Wilson</i>	1971
<i>Randy Royer</i>	1972
<i>Paul Burke</i>	1973
<i>Allan Boras</i>	1974
<i>Bill Grbavac</i>	1975
<i>Dave McLellan</i>	1976
<i>Dave Berlando</i>	1977
<i>Dave Seeman, Ken Rodzinyak</i>	1978
<i>Frank Zappone, Gerald Saccardo</i>	1979
<i>Brian LeClaire, Shawn Gilborn</i>	1980
<i>Len Desjarlais</i>	1981
<i>Norm Fallows</i>	1982
<i>Brent Bluekens</i>	1983
<i>Rocco Suriano, Duane Kambeitz</i>	1984
<i>Pat Kelly</i>	1985
<i>Mike Lynagh</i>	1986
<i>Paul Lefebvre, Mario Pasquotti</i>	1987
<i>Tony Seskus, Paul Lefebvre</i>	1988
<i>John Stiffarm</i>	1989
<i>Bryan Whelpley</i>	1990
<i>Dino Corazza</i>	1991
<i>Kelly Lambert, Brad Chief Body</i>	1992
<i>Lucas Ferguson</i>	1993
<i>Adam Johnson</i>	1994
<i>Calvin Scott, Grand Lau</i>	1995
<i>Alan Rice</i>	1996

Cougar Athletic Awards - Football

Player - Least Recognition Continued	
Name	Year
<i>Shawn Klein</i>	1997
<i>Beau Filkowski, Anthony Vercillo</i>	1998
<i>Anthony Vercillo, Kelly Smerek</i>	1999
<i>Tom Carriere</i>	2000
<i>Chris Callaghan</i>	2001
<i>Shane Whiteford</i>	2002
<i>Ryan McKeown</i>	2003
<i>Thomas Santoso</i>	2004
<i>Adam Selinger, Joey Vercillo</i>	2005
<i>Adam Selinger, Logan Redman</i>	2006
<i>Justin Dyck</i>	2007
<i>Scott Elford</i>	2008
<i>Mark Boychuck</i>	2009
<i>Josh Dyck, Robert Van Andel</i>	2010
<i>Cole Fiedler</i>	2011
<i>Josh Paisley</i>	2012
<i>Alex Copeland</i>	2013
<i>Kahl Stickel</i>	2014
<i>Tyson Mead</i>	2015
<i>Tyson Mead</i>	2016
<i>CJ Hirsche</i>	2017
<i>Louis Amitti</i>	2018
<i>Kate McAdam</i>	2019
<i>Patrick Bulger, Cosimo Joy</i>	2021
<i>Carter Kain</i>	2022

Credico Cup	
Name	Year
<i>Rob Gruninger</i>	1999
<i>Don Nguyen</i>	2000
<i>Brad Martin</i>	2001
<i>Andrew Gruber</i>	2002
<i>Andrew Gruber, Phil Atherton</i>	2003
<i>Andrew Gruber</i>	2004
<i>RJ Balog</i>	2005
<i>Garret Gruber</i>	2006
<i>Jordan Curteanu, Peter Credico</i>	2007
<i>Peter Credico</i>	2008
<i>Peter Credico</i>	2009
<i>Cole Fiedler</i>	2010
<i>Cole Fiedler</i>	2011
<i>Matthew Sentes</i>	2012
<i>Matthew Sentes</i>	2013
<i>Kahl Stickel</i>	2014
<i>Tim Uchikura</i>	2015
<i>Tim Uchikura</i>	2016
<i>Dominco Dagnone</i>	2017
<i>Jackson Laurie</i>	2018
<i>Jackson Laurie</i>	2019
<i>Jack Crosschild</i>	2021
<i>Zoe Lenci</i>	2022

Morgan Munroe Trophy DEDICATION TO OFF SEASON TRAINING	
Name	Year
<i>Kurtis Hawkins</i>	2010
<i>Matt Mantello</i>	2011
<i>Cole Fiedler</i>	2012
<i>Josh Paisley</i>	2013
<i>Michael Toth</i>	2014
<i>David Gould</i>	2015
<i>Rylen Wilson, Kaymen Piper</i>	2016
<i>Cody Harper</i>	2017



Cougar Athletic Awards - Football & Rugby



Girls Rugby Awards

Rugby - Cougar Award

Name	Year
<i>Cole Friesen</i>	2018
<i>Holden Piekema</i>	2019
<i>Adam Schaupmeyer</i>	2021
<i>Ben Amentea</i>	2022

Name	Year
<i>Hillary Shields</i>	2009
<i>Janae Nahirney</i>	2010
<i>Eilish Short</i>	2011
<i>Tiffany Geworsky</i>	2012
<i>Tiffany Geworsky, Stefani Lutterotti</i>	2013
<i>No Team</i>	2014

Offensive Player of the Year

Name	Year
<i>Jacob Palmarin</i>	2011
<i>Hunter Sorgard</i>	2012
<i>Hunter Sorgard, Carson Stickel</i>	2013
<i>Carson Stickel</i>	2014
<i>Derek Sentes</i>	2015
<i>Levi Takahashi</i>	2016
<i>Kai Sampson</i>	2017
<i>Jackson Laurie</i>	2018
<i>Jackson Laurie</i>	2019
<i>Derek Trapp, Lucas Authier</i>	2021
<i>Lucas Authier</i>	2022

Rugby - Impact Back

Name	Year
<i>Holly Dalton</i>	2009
<i>Hillary Sheilds</i>	2010
<i>Holly Dalton</i>	2011
<i>Stefani Lutterotti</i>	2012
<i>Brittany McGinnis</i>	2013
<i>No Team</i>	2014

Rugby - Impact Forward

Name	Year
<i>Kennedy Clifton</i>	2009
<i>Massiella Moreira</i>	2010
<i>Katrina Overes</i>	2011
<i>Michelle Funk</i>	2012
<i>Joy Wielinga</i>	2013
<i>No Team</i>	2014

Rugby - Rookie of the Year

Name	Year
<i>Noelle Pigat</i>	2011
<i>Kelsey Nahirney</i>	2012
<i>Kristine Villaluna</i>	2013
<i>No Team</i>	2014

Junior Varsity Player of the Year

Name	Year
<i>Nathan Koch, Ryan Tarnava</i>	2006
<i>Shane Dustan, Connor Grigg</i>	2007
<i>Evan Parr, Mark Boychuck</i>	2008
<i>Dylan Mantyak</i>	2009
<i>Trey McDonnell</i>	2010
<i>Braydon Jetten</i>	2011
<i>Aric Brooks</i>	2012
<i>Brian Pham, Kahl Stickel</i>	2013
<i>Brady Collier</i>	2014
<i>Brett Gross</i>	2015
<i>Donald Lynx</i>	2016

Cougar Athletic Awards - Volleyball

Female 110% Player

Name	Year
<i>Colene Graham</i>	<i>1989</i>
<i>Colene Graham</i>	<i>1990</i>
<i>Jennifer Forestell</i>	<i>1991</i>
<i>Francesca Cultrera</i>	<i>1992</i>
<i>Jennefer Pawlak</i>	<i>1993</i>
<i>Laura Mc Donnell</i>	<i>1994</i>
<i>Lisa Myndio</i>	<i>1995</i>
<i>Sonya Vatcher</i>	<i>1996</i>
<i>Keyy Jo Craddock</i>	<i>1997</i>
<i>Kelly Jo Craddock</i>	<i>1998</i>
<i>Jane Renyk</i>	<i>1999</i>
<i>Dalyce Armstrong</i>	<i>2000</i>
<i>Andria Pavan</i>	<i>2001</i>
<i>Karissa Schmidt</i>	<i>2002</i>
<i>Taryn Myhre</i>	<i>2003</i>
<i>Lindsay Balfour</i>	<i>2004</i>
<i>Katherine Lowings</i>	<i>2005</i>
<i>Janelle Groten</i>	<i>2006</i>
<i>Janelle Delbello</i>	<i>2007</i>
<i>Aleigha Hopkins</i>	<i>2008</i>
<i>Courtenay Farrington, Cassie Mucciarone</i>	<i>2009</i>
<i>Stephanie Groten, Anna Schwark</i>	<i>2010</i>
<i>Nisali Mediwake, Sydney Voogel</i>	<i>2011</i>
<i>Alycia Amatto</i>	<i>2012</i>
<i>Kelsey O'Donnell</i>	<i>2013</i>
<i>Mylanda Miller</i>	<i>2014</i>
<i>Ellie Kabayama</i>	<i>2015</i>
<i>Nikki Stahl</i>	<i>2016</i>
<i>Molly Petryshyn</i>	<i>2017</i>
<i>Madeline Vanden Elzen</i>	<i>2018</i>
<i>Drew Dortman</i>	<i>2019</i>
<i>Kaycee Conan</i>	<i>2021</i>
<i>Sadie Gal, Sadie Vanden Dungen</i>	<i>2022</i>

Female MVP

Name	Year
<i>Martina Szilagyi</i>	<i>1986</i>
<i>Vanessa Upton</i>	<i>1987</i>
<i>Sharon Stoinski</i>	<i>1988</i>
<i>Tanya Huggins, Evelyn Scholten</i>	<i>1989</i>
<i>Tanya Huggins</i>	<i>1990</i>
<i>Robin Murphy</i>	<i>1991</i>
<i>Jennifer Forestell</i>	<i>1992</i>
<i>Cori Watson</i>	<i>1993</i>
<i>Trish Whimster</i>	<i>1994</i>
<i>Michelle Gibb</i>	<i>1995</i>
<i>Anita Nelis</i>	<i>1996</i>
<i>Brianne Robertson</i>	<i>1997</i>
<i>Michelle Kincheloe</i>	<i>1998</i>
<i>Jamie Kincheloe</i>	<i>1999</i>
<i>Amada Weitz</i>	<i>2000</i>
<i>Chantel Mulder</i>	<i>2001</i>
<i>Kelsey Jespersen</i>	<i>2002</i>
<i>Melissa Weitz</i>	<i>2003</i>
<i>Teneille Mulder</i>	<i>2004</i>
<i>Gina Goruk, Kenzie Van Nistelrooy</i>	<i>2005</i>
<i>Kala Van Buuren</i>	<i>2006</i>
<i>Kelsey Huculak</i>	<i>2007</i>
<i>Ashlyn Merriman</i>	<i>2008</i>
<i>Alison Linton</i>	<i>2009</i>
<i>Katie Lowen</i>	<i>2010</i>
<i>Jessica Vos, Katie Fetting</i>	<i>2011</i>
<i>Shareen Monaghan, Mariah Miller</i>	<i>2012</i>
<i>Shareen Monaghan</i>	<i>2013</i>
<i>Cassie Kawa</i>	<i>2014</i>
<i>Taya Mikado/Mylanda Miller</i>	<i>2015</i>
<i>Jelena Dyck/Ellie Kabayama</i>	<i>2016</i>
<i>Venessa Boone</i>	<i>2017</i>
<i>Amaya Perry</i>	<i>2018</i>
<i>Charlotte Vanden Elzen</i>	<i>2019</i>
<i>Brooke Beste</i>	<i>2021</i>
<i>Hadlee Fleischhauer</i>	<i>2022</i>

Cougar Athletic Awards - Volleyball

Female Defensive Player

Name	Year
<i>Diana Smits</i>	1986
<i>Crey Stanko</i>	1987
<i>Carla Sharpe</i>	1988
<i>Janice Gyorkos</i>	1989
<i>Janice Gyorkos</i>	1990
<i>Jennefer Pawlak</i>	1991
<i>Jennefer Pawlak</i>	1992
<i>Melanie Marek</i>	1993
<i>Sarah Joly</i>	1994
<i>Nicole McKenzie</i>	1995
<i>Brianne Robertson</i>	1996
<i>Sonya Vatcher</i>	1997
<i>Callie Brosz</i>	1998
<i>Jackie Stroeve</i>	1999
<i>Jackie Stroeve</i>	2000
<i>Maggie Fox</i>	2001
<i>Melissa Weitz</i>	2002
<i>Stacey Robertson</i>	2003
<i>Taryn Myhre</i>	2004
<i>Breanna Quan</i>	2005
<i>Ashley Day Chief</i>	2006
<i>Kendra Huculak</i>	2007
<i>Kendra Huculak</i>	2008
<i>Kyo Farrington</i>	2009
<i>Kyo Farrington</i>	2010
<i>Isabelle Huel</i>	2011
<i>Mariah Besplug</i>	2012
<i>Lindsay Amatto</i>	2013
<i>Kelsey O'Donnell</i>	2014
<i>Delaney Wikenheiser</i>	2015
<i>Delaney Wikenheiser</i>	2016
<i>Samantha Mikado</i>	2017
<i>Khloe Jankowiak</i>	2018
<i>Gracyn Hay</i>	2019
<i>Katelyn Obrien, Kiara Jankowiak</i>	2021
<i>Jaylyn Koch</i>	2022

Female Rookie of the Year

Name	Year
<i>Carla Sharpe</i>	1986
<i>Sharon Stoinski</i>	1987
<i>Janice Gyorkos</i>	1988
<i>Nicole Lee</i>	1989
<i>Crystal Kain</i>	1990
<i>Jennifer Slavich</i>	1991
<i>Melanie Marek</i>	1992
<i>Trish Whimster</i>	1993
<i>Michelle Gibb</i>	1994
<i>Brianne Robertson</i>	1995
<i>Michelle Kincheloe</i>	1996
<i>Jane Renyk</i>	1997
<i>Jackie Stroeve</i>	1998
<i>Pat Mielcarek</i>	1999
<i>Kelsey Jespersen</i>	2000
<i>Christine Montana</i>	2001
<i>Teneille Mulder</i>	2002
<i>Diyon Van Nistelrooy</i>	2003
<i>Kenzie Van Nistelrooy, Gina Goruk</i>	2004
<i>Kala Van Buuren</i>	2005
<i>Amanda Harnos</i>	2006
<i>Karlee Gunderson</i>	2007
<i>Cassie Mucciarrone</i>	2008
<i>Stephanie Groten</i>	2009
<i>Jessica Vos, Sydney Voogel</i>	2010
<i>Kory Cheshire</i>	2011
<i>Cassandra Kawa</i>	2012
<i>Mylanda Miller</i>	2013
<i>Shelby O'Donnell</i>	2014
<i>Jelena Dyck</i>	2015
<i>Madeline Vander Elzen</i>	2016
<i>Amaya Perry</i>	2017
<i>Drew Dortman</i>	2018
<i>Claire Talbot</i>	2019
<i>Sadie Vanden Dungen</i>	2021
<i>Isla Roden</i>	2022

Cougar Athletic Awards - Volleyball

Female JV Core Covenant Award

<i>Keeley Watt</i>	<i>2012</i>
<i>Quinn Sampson</i>	<i>2013</i>
<i>Ellie Kabayama</i>	<i>2014</i>
<i>Makayla Koshuta/Maitlynn Miller</i>	<i>2015</i>
<i>Natalia Bartosek</i>	<i>2016</i>
<i>Charlotte Perry/Olivia Roest</i>	<i>2017</i>
<i>Jayla Shields</i>	<i>2018</i>
<i>Avoire Henderson</i>	<i>2019</i>
<i>Sadie Gal</i>	<i>2021</i>
<i>Chaelan Villacin</i>	<i>2022</i>

Male 110% Player

Name	Year
<i>Chris McDougal</i>	<i>1989</i>
<i>Clay Rook</i>	<i>1990</i>
<i>Dennis Munroe</i>	<i>1991</i>
<i>Terry Villeneuve</i>	<i>1992</i>
<i>Brad Plausteiner</i>	<i>1993</i>
<i>Brad Plausteiner</i>	<i>1994</i>
<i>James Wagner</i>	<i>1995</i>
<i>Chris Noss</i>	<i>1996</i>
<i>Brad Kirchmayer</i>	<i>1997</i>
<i>Mark Weitz</i>	<i>1998</i>
<i>Steven Peters</i>	<i>1999</i>
<i>Justin Seitz</i>	<i>2000</i>
<i>Nathan Bruneau</i>	<i>2001</i>
<i>Luc Carriere</i>	<i>2002</i>
<i>Luc Carriere</i>	<i>2003</i>
<i>Jesse Van Buuren</i>	<i>2004</i>
<i>Cam Fuglerud</i>	<i>2005</i>
<i>Jordan Pavan</i>	<i>2006</i>
<i>Kam Mediwake</i>	<i>2007</i>
<i>Matt Bourret</i>	<i>2008</i>
<i>Evan Cowan</i>	<i>2009</i>
<i>Josh Makin</i>	<i>2010</i>
<i>Adam Riedlhuber</i>	<i>2011</i>
<i>Shane Dawson, Tim Loewen</i>	<i>2012</i>
<i>Tim Vos</i>	<i>2013</i>
<i>Nolan Campbell</i>	<i>2014</i>
<i>Nolan Jetten</i>	<i>2015</i>
<i>Jameel Abdela</i>	<i>2016</i>
<i>Jeremiah Bohnert</i>	<i>2017</i>
<i>Zachery Nagata</i>	<i>2018</i>
<i>AJ Machielse</i>	<i>2019</i>
<i>Blake Dudas</i>	<i>2021</i>
<i>Rylen Neufeld</i>	<i>2022</i>

Male JV Core Covenant Award

<i>Tim Vos</i>	<i>2012</i>
<i>Dylan Bilyk</i>	<i>2013</i>
<i>Sean Sander</i>	<i>2014</i>
<i>Logan Boras/Nolan Jetten</i>	<i>2015</i>
<i>Nolan Walls</i>	<i>2016</i>
<i>Benoit LaForge</i>	<i>2017</i>
<i>Adam Boras</i>	<i>2018</i>
<i>Colby Craig</i>	<i>2019</i>
<i>Ty Obara</i>	<i>2021</i>
<i>Kai Polec, Logan Chomiak</i>	<i>2022</i>

Cougar Athletic Awards - Volleyball

Male MVP

Name	Year
<i>Dan Martyna</i>	1986
<i>Mike Zimmer</i>	1987
<i>Jason Kolysher</i>	1988
<i>Steve Ivan</i>	1989
<i>Tuan Pham</i>	1990
<i>Tuan Pham</i>	1991
<i>Rob Izsak</i>	1992
<i>Byron Bruneau</i>	1993
<i>Darren Plaustainer</i>	1994
<i>Chad Wells</i>	1995
<i>Rob Slavich</i>	1996
<i>Rob Slavich</i>	1997
<i>Joel Mrak</i>	1998
<i>Mark Weitz, Devin Mulder</i>	1999
<i>Devin Mulder</i>	2000
<i>Brian Nelis, Ben Van Deurzen</i>	2001
<i>Mike Stewart, Chris Goruk</i>	2002
<i>Allen Peters</i>	2003
<i>Jerrod Mulder</i>	2004
<i>Jeff Marthaller</i>	2005
<i>Mike Hawkins</i>	2006
<i>Devon Van Nistelrooy</i>	2007
<i>Eric Hinman</i>	2008
<i>Travis Riedlhuber</i>	2009
<i>Taylor Jetten, Connor Hinman</i>	2010
<i>Brett Parkin, Connor Hinman</i>	2011
<i>Adam Riedlhuber</i>	2012
<i>Stephen Primeau</i>	2013
<i>Zach Wikenheiser</i>	2014
<i>Jared Boras/Andrew Primeau</i>	2015
<i>Cam Visscher</i>	2016
<i>Quinn Buchanan</i>	2017
<i>Jack Gaehring</i>	2018
<i>Noah Lebleu</i>	2019
<i>Logan Hillaby</i>	2021
<i>Matthew Reiter</i>	2022

Male Defensive Player

Name	Year
<i>Jason Kolysher</i>	1986
<i>Steve Dudas</i>	1987
<i>Mike Zimmer</i>	1988
<i>Mike Bierman</i>	1989
<i>Gordon Chee</i>	1990
<i>Brad Higginson</i>	1991
<i>C.J. Higginson</i>	1992
<i>Terry Villeneuve</i>	1993
<i>Kevin Rudolph</i>	1994
<i>Travis Smith</i>	1995
<i>Anthony Holgate</i>	1996
<i>Anthony Holgate</i>	1997
<i>Mark Krezlewicz</i>	1998
<i>Mark Krezlewicz</i>	1999
<i>Dustin Farfus</i>	2000
<i>Dustin Verhaeghe</i>	2001
<i>Aaron Shimek</i>	2002
<i>Jeff Waldner</i>	2003
<i>Jordan Bennett</i>	2004
<i>Jesse Vanderhayden</i>	2005
<i>Justin Quintin</i>	2006
<i>Ruben Koppe</i>	2007
<i>Aron Fredrick</i>	2008
<i>Robbie Prindle</i>	2009
<i>Cooper Lyon</i>	2010
<i>Cooper Lyon</i>	2011
<i>Mitch Dawson, Desmond Makin</i>	2012
<i>Ben Kelly</i>	2013
<i>Ben Kelly</i>	2014
<i>Matt Cereza</i>	2015
<i>Nolan Jetten</i>	2016
<i>Nolan Jetten</i>	2017
<i>Jens Watts, Nash Shipton</i>	2018
<i>Ben Hatfield</i>	2019
<i>Ezra Oevering</i>	2021
<i>Ty Obara</i>	2022

Cougar Athletic Awards - Volleyball / Slo pitch

Male Rookie of the Year

Name	Year
<i>Chris Duncan</i>	1986
<i>Steve Ivan</i>	1987
<i>Ian Miller</i>	1988
<i>Jason Czarny, Chris Wyrstok</i>	1989
<i>Mike Verhage</i>	1990
<i>Rob Izsak</i>	1991
<i>Kevin Rudolph</i>	1992
<i>Darren Plausteiner</i>	1993
<i>Chad Wells</i>	1994
<i>Rob Slavich</i>	1995
<i>Joel Mrak</i>	1996
<i>Ryan Cain</i>	1997
<i>Devin Mulder</i>	1998
<i>Brian Nelis</i>	1999
<i>Ben Van Deurzen</i>	2000
<i>Chris Goruk</i>	2001
<i>Ken Fuglerud</i>	2002
<i>Jesse Van Buuren</i>	2003
<i>Jeff Marthaller</i>	2004
<i>Devon Van Nistelrooy</i>	2005
<i>Kyle Lohrenz</i>	2006
<i>Eric Hinman</i>	2007
<i>Travis Riedlhuber</i>	2008
<i>Taylor Jetten, Connor Hinman</i>	2009
<i>Brett Parkin</i>	2010
<i>Blake Furgeson</i>	2011
<i>Ben Kelly</i>	2012
<i>Zach Wikenheiser</i>	2013
<i>Andrew Primeau</i>	2014
<i>Sean Sanders</i>	2015
<i>Quinn Buchanan</i>	2016
<i>Nash Shipton</i>	2017
<i>Tommy Awoderu</i>	2018
<i>Adam Boras</i>	2019
<i>Matthew Reiter</i>	2021
<i>Noah Young, Tristan Iwanczuk</i>	2022



Slo pitch	
Core Covenant Award	
<i>Cassie Kawa, Kara Popson</i>	2015
	2016
	2017

Slo pitch - MVP	
<i>Terra Kaskiw</i>	2008
<i>Aryn Bartoshyk</i>	2009
<i>Courtenay Farrington, Aryn Bartoshyk</i>	2010
<i>Sarah Weninger</i>	2011
<i>Sarah Weninger</i>	2012
<i>Caitlain Langhofer, Mariah Besplug</i>	2013
<i>Tricia Van Vaerenbergh</i>	2014
<i>Tyler Gouw</i>	2015
	2016
	2017

Slo pitch - Best Defensive Player	
<i>Whitney Balog</i>	2008
<i>Courtenay Farrington</i>	2009
<i>Sarah Weninger</i>	2010
<i>Andrea Kobbert</i>	2011
<i>Nikki Furukawa</i>	2012
<i>Tricia Vaerenbergh</i>	2013
<i>Kirsten Gulkiewich</i>	2014
<i>Kirsten Gulkiewich</i>	2015
	2016
	2017

Cougar Athletic Awards - Slo pitch / Baseball



Slo pitch - 110% Player	
Courtenay Farrington	2008
Cassie Mucciarone	2009
Cassie Mucciarone	2010
Quinn Andre	2011
Mariah Besplug	2012
Jessica Duncan	2013
Cassie Kawa	2014
Alyssa Van Vaerenbergh	2015
	2016
	2017

Slo pitch - Most Improved	
Destiny St. Amand	2008
Hillary Derksen	2009
Hannah Gruber	2010
Taya Keujer	2011
Jessica Vaile	2012
Lyndee Saler	2013
Tyler Gouw	2014
Award no longer presented	2015
	2016
	2017

Slo pitch - Rookie of the Year	
Chelsea Steinkey	2008
Vanessa Monaghan	2009
Sarah Weninger	2010
Katie Lowen	2011
Caitlin Langhofer	2012
Shareen Monaghan, Kirsten Gulkiewich	2013
Madeline Szabo	2014
Quinn Sampson	2015
	2016
	2017

Baseball - Most Valuable Player Award	
<i>Blair Watson</i>	1994
<i>Blair Watson</i>	1995
<i>Mark Besnak</i>	1996
<i>Ryan Miller</i>	1997
<i>Jeff Weitz</i>	1998
<i>Steven Peters</i>	1999
<i>Brent Wandler</i>	2000
<i>Nathan Lowrie</i>	2001
<i>Joe Legge</i>	2002
<i>Ken Fuglerud</i>	2003
<i>Allen Peters</i>	2004
<i>Braeden Horon</i>	2005
<i>Brock Fulkerth</i>	2006
<i>Brock Fulkerth</i>	2007
<i>Rylan Wiest / Cole Lencucha</i>	2008
<i>Taylor Romaniuk</i>	2009
<i>Sean MacLean</i>	2010
<i>Sean Maclean</i>	2011
<i>Matt Malec</i>	2012
<i>Justin Strum</i>	2013
<i>Nick Ankermann</i>	2014
<i>Byrce deBoer</i>	2015
<i>Lukas Ankermann</i>	2016
<i>Torin Vaselenak</i>	2017
<i>Jeremiah Bohnert</i>	2018
<i>Josh Kabayama</i>	2019
<i>Zayne Witke</i>	2021
<i>Ben Puszkur</i>	2022

Cougar Athletic Awards - Baseball

Rookie of the Year	
<i>Mark Bosnak</i>	1994
<i>Ryan Miller</i>	1995
<i>David Legge</i>	1996
<i>Henry Gorcyca</i>	1997
<i>Brent Wandler</i>	1998
<i>Nathan Lowrie</i>	1999
<i>Brandon Magierowski</i>	2000
<i>Ken Fulglerud / James Dawson</i>	2001
<i>Allen Peters</i>	2002
<i>Matt Smith</i>	2003
<i>Tom Collier</i>	2004
<i>Matt Weninger</i>	2005
<i>Adrian Diakow</i>	2006
<i>Cole Lencucha</i>	2007
<i>Blair Balog</i>	2008
<i>Sean MacLean</i>	2009
<i>Matthew Malec</i>	2010
<i>Tanner Shirakawa / Nicholas Ankerman</i>	2011
<i>Desmond Makin / Brett Tamayose</i>	2012
<i>Bryce deBoer</i>	2013
<i>Lucas Ankermann</i>	2014
<i>Dylan Wachtler</i>	2015
<i>Zach Trepner/Jeremiah Bohnert</i>	2016
<i>Skyler Vaselenak</i>	2017
<i>Josh Kabayama</i>	2018
<i>Sam Hilgerson</i>	2019
<i>Ben Paszkar, Alex Westlund</i>	2021
<i>Jesse-James Olson, Dylan Wojtowicz</i>	2022

Top Pitcher	
<i>Matt Smith</i>	2004
<i>Matt Smith</i>	2005
<i>Kyle Rokosh</i>	2006
<i>Cale Wright</i>	2007
<i>Cole Lencucha</i>	2008
<i>Blair Balog</i>	2009
<i>Justin Edgar</i>	2010
<i>Matthew Malec</i>	2011
<i>Justin Sturm</i>	2012
<i>Nick Ankermann</i>	2013
<i>Bryce Fraser</i>	2014
<i>Lukas Ankermann</i>	2015
<i>Lukas Ankermann</i>	2016
<i>Lukas Ankermann</i>	2017
<i>Nathan Reiter</i>	2018
<i>Tate Pearce</i>	2019
<i>Dylan Asplund</i>	2021
<i>River Hope</i>	2022

JV Most Improved Player	
<i>Lamont Healy</i>	2003
<i>Kylle Rokosh</i>	2004
<i>Riley Fowler</i>	2005
<i>Brody Carter</i>	2006
<i>Nicholas Schaaf</i>	2012

JV Most Dedicated Player	
<i>Allen Peters</i>	2003
<i>Andrew Grubber</i>	2004
<i>Paige Kreeft</i>	2005
<i>Patrick Bartoszyk</i>	2006
<i>Brandt Anderson</i>	2012